



BLIS | **Bilkent Laboratory School**

Dear High School Parents,

Welcome back to school!

We hope you and our students enjoyed a restful and blissful summer holiday. We are thrilled and excited to reconnect with you as we embark on the new academic year.

As the High School Counseling Service dedicated to a student-centered approach, providing comprehensive support to meet with individual or group sessions, classroom presentations, career guidance, and advisory lessons. These sessions aim to enhance skills as emotional, social, educational, and career needs of each student. The activities in the sessions are designed to support various skills such as self-awareness, problem-solving abilities, communication, decision-making, emotional regulation, and time management.

Career Guidance

In high school, a strong emphasis is placed on career guidance. Various methods are employed to assist students, including:

- **Advisory Classes and Activities:** Tailored lesson plans and activities help students gain a clearer understanding of their identities and aspirations. The career planning process involves evaluating four key aspects: Personality (What Defines Us), Interests (Our Preferences), Values (What Matters to Us), and Knowledge, Skills, and Abilities (Our Strengths).
- **Career Meetings:** Personality and career interest assessments are administered periodically in both Turkish and English. There are also private counseling sessions to help students understand their career preferences.

- **Professions Day:** The purpose of organizing this event is to support students in making informed decisions in line with their goals by providing them the opportunity to learn about different careers by professionals.

Academic Follow-Up System

Given the demanding nature of our academic programs (IGCSE and IB) and the high expectations, students are required to develop strong organizational, time management, note-taking, and listening skills. Counselors collaborate closely with administrators, IGCSE and IB coordinators, grade coordinators, subject teachers, and parents to monitor students' academic progress and identify their needs. Once identified, counselors work individually with students to help them develop necessary skills or create a study plan.

Turkish University Entrance System

Counselors provide guidance on the Turkish University Entrance System (YKS) through seminars and one-on-one meetings with students and parents. Additionally, the counselor manages the university application process for Turkish institutions.

Psychological Counseling

Psychological counseling plays a crucial role during adolescence. This age group experiences significant physical changes, along with social and emotional changes. When this period of self-discovery and identity confusion is accompanied by high academic expectations, it can become a challenging time for students. Therefore, the school counselor conducts observations in various areas, plans individual counseling sessions, and manages the process through teacher and parent collaboration and feedback. The counselor places great importance on maintaining the confidentiality of shared information.

Best regards,

BLIS High School Counseling Service

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Contact Information

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